



How Much Carbon is Embodied in Your Interiors?

CEU Description

When discussing carbon footprint in construction, the focus often lies on architecture, core & shell, concrete, and steel. However, the role of interior design and material specifications is equally critical in reducing a building's carbon footprint. This course raises awareness about the significant impact that responsible interior material selections can have on a building's carbon footprint. We will guide participants in making more thoughtful decisions about embodied carbon within interior spaces.

Participants will also explore the Metropolis Climate Toolkit, a comprehensive resource designed to support decarbonization efforts in interior design. The toolkit offers strategies and suggestions tailored for various roles within a project, including specifiers, project managers, and project leads. This course aims to empower attendees to become leaders in reducing embodied carbon through informed design choices.

Format: Virtual or in-person | 60 minutes, including 15-minute group discussion

Accreditation: AIA, IDCEC HSW & GBCI (self reporting)

Learning Objectives

Understand Basic Embodied & Operational Carbon Concepts and Tools: Learn fundamental concepts and tools necessary for designing low carbon spaces.

Link Between Human Health and Carbon: Explore the connection between carbon impact and human health within the built environment.

Product Selection and Carbon Footprint: Discuss how alternative approaches to product selection can effectively reduce the carbon footprint of interior spaces.

Leveraging the Climate Toolkit: Understand how architects and designers can utilize the Climate Toolkit to achieve local carbon reduction in interior design.